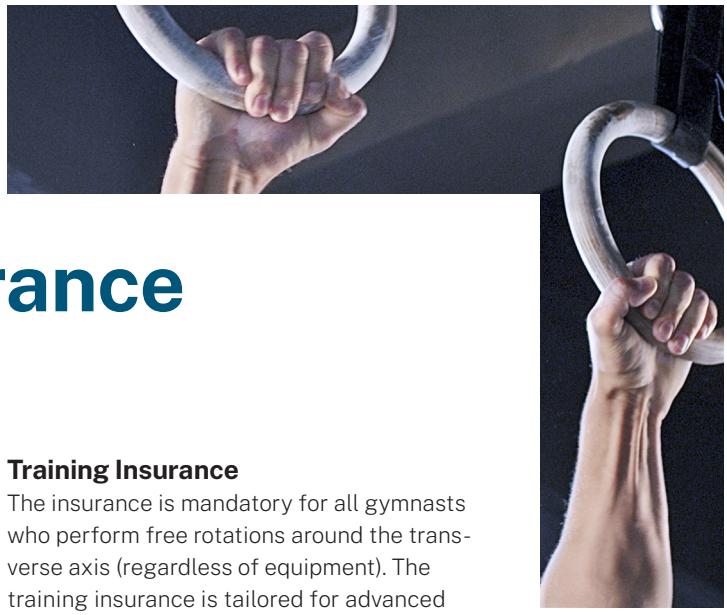


Accident insurance for gymnasts

To You Who Are a Gymnast

There are four different accident insurances that a club can choose from. Check with your club to find out what applies to you. Below you will find a brief description of the insurances. If you have any questions, you can contact the insurance broker Tydliga. More information about the insurances and their terms can be found at tydliga.se.

What Counts as an Accident?

The insurances provide compensation for accidental injuries. This means a bodily injury suffered by the insured through a sudden unforeseen event, such as a gymnast getting injured on equipment or in a fall. The insurance applies to injuries sustained while participating in competition, performance, or training, as well as travel to and from any of these activities. The activity must be conducted under the auspices of the Gymnastics Federation or an affiliated club.

What Does the Insurance Compensate?

The insurance is an accident insurance that can provide compensation for the following:

- Medical costs
- Travel costs
- Rehabilitation and aid costs
- Additional costs, such as damaged clothes
- Crisis treatment
- Medical disability
- Death

Basic Insurance

The basic insurance covers all gymnastics for children, youth, and recreational athletes, as well as travel to and from such activities. The basic insurance is tailored for a broad target group of gymnasts.

Training Insurance

The insurance is mandatory for all gymnasts who perform free rotations around the transverse axis (regardless of equipment). The training insurance is tailored for advanced gymnastics.

Competition Insurance

The insurance is mandatory for all gymnasts who participate in competitions with gymnasts from other clubs where evaluation takes place. The competition insurance is tailored for competition and more advanced gymnastics.

How to Report a Claim

To report a claim, go to svedea.se and click on Report a Claim. You do not need to identify yourself for a sports injury; simply follow the instructions until you reach the Gymnastics Federation's online claim form.

When you report your injury and it's determined that rehabilitation could help your recovery, you can receive free support from a physiotherapist for up to three sessions. Svedea's partner will contact you to schedule an initial assessment. All medical records and bookings are managed through Kuralink.

If you have any questions, you can call Svedea at +46 (0)771-160 199.

Do you have questions about the insurances?

Call or email us +46 (8)-400 663 90
idrott@tydliga.se

Jesper Kenttä, +46 (0)73-803 71 21,
jesper.kentta@tydliga.se

Gymnastik förbundet tydliga svedea

Price Base Amount: The price base amount refers to the amount determined according to the law on general insurance and applicable the year any damage occurs. For 2025, the price base amount was 58,800 SEK. For 2026, the price base amount is 59 200 SEK.